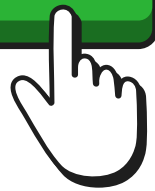


Dear [Name],

[DONATE](#)



How are you feeling?

For many people, the events of 2020 have contributed to a worsening sense of isolation, fear, and deep sadness. The need for true mental health care is urgent this year. Many people have a devastating sense of hopelessness.

Your gift to Beautiful Minds Wellness can help give someone hope and healing.

*"I could cry, that is how bad it has been,"* says Mary. She is the loving mother of Daniel, a young adult son who suffers from schizo-affective disorder, OCD, anxiety, and depression.

The family's journey has been extremely difficult. They are committed to do anything to keep Daniel safe, even when he is unable to love himself. Many times that means admitting him to the psych ward. But nothing seems to make a permanent change to help Daniel heal.

*"Daniel's mental health problems have affected his three siblings, my husband, and myself to a point that I literally pray that nobody has to go through what we went through,"* says Mary sadly. *"It is a kind of anguish that it is hard to find words that describe it."*

Mental illness can be a silent plague, battering individuals and families who don't know where to turn. Beautiful Minds Wellness provides the community, services, training and support that can make all the difference in their lives.

Please click [HERE](#) to help fund the Beautiful Minds Wellness center, and make a real difference for people suffering from depression, anxiety, and mental illness in our area.

Everyone who seeks out Beautiful Minds has their own unique story. Some are suffering through postpartum depression, reeling after a divorce, fighting against addiction, or grieving a deep loss. We all have times when we need guidance to get back on the right path. If you or someone you care about needs that right now, please know that we are here for you.

You can be the answer for people struggling with mental health issues, by supporting Beautiful Minds Wellness today. Your gift means that people like Daniel and Mary (and you!) will have access to support groups, training, life-coaching, and so much more at the new Beautiful Minds Wellness center.

*"I'm excited that there is going to be a place where my son can go to continue his quest for mental health,"* says Mary. *"It's almost like a gym where you go, but all the things that are there are designed to help you strengthen your mental health."*

Your gift today will ensure that people from Auburn and surrounding areas have somewhere to turn when they feel their world is falling apart. Thank you for giving of yourself to support people who are hurting. Your gift may save a life.

Thank you for supporting families in crisis,

P.S. You can FEEL GOOD about taking action and providing solutions for those suffering with mental illness! Thank you for caring enough to do something!

[DONATE](#)

